

Thoracic radiotherapy in small cell lung cancer—a narrative review

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Abstract: Small-cell lung cancer (SCLC) represents 10–15% of all lung cancers and has a poor prognosis. Thoracic radiotherapy plays a central role in current SCLC management. Concurrent chemoradiotherapy (CTRT) is the standard of care for localised disease (stage I-III, limited-stage, LS). Definitive thoracic radiotherapy may be offered in metastatic patients (stage IV, extensive stage, ES-SCLC) after chemotherapy. For LS-SCLC, the gold standard is early accelerated hyperfractionated twice-daily CTRT (4 cycles of cisplatin etoposide, starting with the first or second chemotherapy cycle). Modern radiation techniques should be used with involved-field radiotherapy based on baseline CT and PET/CT scans. In ES-SCLC, thoracic radiotherapy should be discussed in cases of initial bulky mediastinal disease/residual thoracic disease not progressing after induction chemotherapy. This strategy was however not assessed in recent trials establishing chemo-immunotherapy as the standard first line treatment in ES-SCLC. Future developments include technical radiotherapy advances and the incorporation of new drugs. Thoracic irradiation is delivered more precisely given technical developments (IMRT, image-guided radiotherapy, stereotactic radiotherapy), reducing the risks of severe adverse events. Stereotactic ablative radiotherapy may be discussed in rare early stage (T1 to 2, N0) inoperable patients. A number of current clinical trials are investigating immunoradiotherapy. In this review, we highlight the current role of thoracic radiotherapy and describe ongoing research in the integration of biological surrogate markers, advanced radiotherapy technologies and novel drugs in SCLC patients.

 $\textbf{Keywords:} \ Thoracic \ malignancy; \ radiation \ oncology; \ anti-PD(L)1; \ stereotactic \ body \ radiotherapy$

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Introduction

Lung cancer is one of the most common cancers and the leading cause of death from cancer worldwide. Small-cell lung cancer (SCLC) represents 10–15% of all lung cancers and is characterised by a rapid doubling time and early dissemination (1). In patients without metastatic disease

on the initial computed tomography (CT) scan, further staging investigations should include modern imaging such as 18 FDG PET/CT (positron emission tomography-computed tomography) and brain magnetic resonance imaging (MRI) to detect metastatic disease. Patients with SCLC are typically divided into those with limited-stage (LS, or T1-4 N0-3 M0 according to the 8th lung TNM

classification) versus extensive-stage (ES; or T1-4 N0-3 M1) disease. Prior to the 8th TNM classification, LS was historically defined as disease confined to one hemithorax (i.e., disease which can be included in a "tolerable" radiation field) (2). About one-third of patients present with LS disease and many have bulky mediastinal disease. Although imaging does not show overt dissemination in the LS setting, the majority of these patients probably already have subclinical metastatic disease. However, local treatments such as thoracic radiotherapy play an important role in patients who have respiratory and general symptoms related to the bulk of thoracic disease. In LS-SCLC, early thoracic radiotherapy delivered concurrently with platinum-based chemotherapy (CTRT) is the cornerstone of treatment (3-7). In ES-SCLC, initial platinum-based chemotherapy and immunotherapy is the standard treatment (8,9). Thoracic radiotherapy may be subsequently offered in ES-SCLC patients who show a tumour response after initial systemic treatment (10), with the aim of controlling the local disease, palliating symptoms and deferring the need for secondline treatment. In this review, we describe the evidence supporting the use of thoracic radiotherapy in SCLC and discuss current developments and clinical trials in this setting. We present the following article in accordance with the narrative review reporting checklist (available at http:// dx.doi.org/10.21037/tlcr-20-305).

Limited stage (T1-4 N0-3 M0)

Concurrent thoracic CTRT is the mainstay of treatment for patients with LS (stage I–III: T1–4, N0–3 M0 tumours) with a good performance status (PS) 0–1. Gold-standard management is early (starting with the first or second cycle of chemotherapy) (11) accelerated hyperfractionated twice-daily (BD) CTRT (4 cycles of cisplatin etoposide) (12–14) with modern radiation techniques [intensity modulated radiotherapy (IMRT); data from non-small cell lung cancer (NSCLC) setting] (15). Post-chemotherapy tumour volume and involved-field radiotherapy should be applied (7). Prophylactic cranial irradiation (PCI) is also recommended for patients without progressive disease after the completion of chemoradiotherapy (described in a separate article of this special edition) (16).

Dose and fractionation

The current standard of care is BD CTRT, based on two randomized controlled trials that compared once-daily (OD)

radiotherapy to 45 Gy over 3 weeks in 1.5 Gy BD, delivered concurrently with cisplatin-etoposide. The first trial (INT 0096) showed the superiority of BD in terms of survival (17) and the second trial (CONVERT) did not show superiority of higher dose OD over BD radiotherapy (12) (*Table 1*).

The first trial, published in 1999 by Turrisi et al., compared CTRT delivered at a dose of 45 Gy over 3 weeks in 1.5 Gy BD with OD 45 Gy over 5 weeks. Radiotherapy was started at the same time as the first cycle of chemotherapy (17). Staging was performed by CT or MRI of the chest, abdomen, and brain; radionuclide bone scanning; and bilateral iliac-crest bone marrow aspiration and biopsy. All participants (n=417) were to receive four cycles of cisplatin plus etoposide and PCI after CTRT. The median survival was significantly improved in the BD arm (23 vs. 19 months, respectively; P=0.004). However, higher toxicities were reported, in particular severe esophagitis leading to hospitalisation. Following the publication of this paper, hyperfractionated radiotherapy was not widely adopted in routine practice due to limitations in the design of the study, logistical issues and an increase in acute toxicity (18).

The second trial, published in 2017 by Faivre-Finn et al., compared BD radiotherapy (45 Gy/30 fractions over 3 weeks) to a higher dose of OD CTRT (66 Gy/33 fractions over 6.5 weeks), starting with the second cycle of chemotherapy, for a total of 4 to 6 cycles of cisplatin plus etoposide (12). Staging included PET-CT (57%), brain MRI (16%) and modern radiation therapy techniques (3D conformal radiotherapy, 83.4%; IMRT, 16.6%) were used. PCI was given if no progression after CTRT (82% of patients) (19). Survival outcomes did not differ between BD and OD CTRT [median overall survival (OS) 30 vs. 25 months, respectively], and was higher than anticipated in both arms. Furthermore, toxicity was similar and lower than expected with both regimens. There was no difference in severe esophagitis between the groups (19% in both the BD and OD group). As the trial was designed to show the superiority of OD radiotherapy and was not powered to show equivalence, BD radiotherapy should continue to be considered the standard of care in this setting.

A recent meta-analysis based on the literature confirmed that BD is better than OD in terms of outcomes (13). A survey of European practice showed that BD radiotherapy delivery increased after the publication of the CONVERT trial (32% prior to and 42% after the publication). However, OD radiotherapy remains the most prescribed fractionation. The main reasons for not implementing

Table 1 Back-to-back comparison of two main phase III trials comparing once-daily to accelerated hyperfractionated twice-daily concurrent radiochemotherapy in LS-SCLC

Study	Turrisi (INT 0096)	Faivre-Finn (CONVERT)
Year	1999	2017
Statistics	Superiority (BD exp. arm)	Superiority (OD exp. arm)
Baseline staging	CT or MRI (%NR), radionuclide bone scanning, bilateral iliac-crest BM sample	CT, PET/CT (57%), brain MRI (16%)
N pt.	417	547
RT	45 Gy BD (3w) vs. 45 Gy OD (5w)	45 Gy BD (3w) vs. 60 Gy OD (6.5w)
Chemo.	4 CDDP Etop	4–6 CDDP Etop
PCI	If indicated (% NR)	If indicated (82%)
Median OS	23 vs. 19 m*, P=0.004	30 vs. 25 m* (NS)
2y PFS	29 vs. 24%* (NS)	40 vs. 38%* (NS)
G3-4 esophagitis	32 vs. 16%* (P<0.001)	19 vs. 19%* (NS)
G3-4 pneumonitis	1 vs. 2%* (NS)	2.5 vs. 2.2%* (NS)

^{*,} BD vs. OD. N pt, number of patients; exp., experimental: CT, computed tomography; MRI, magnetic resonance imaging; PET/CT, positron emission tomography–computed tomography; BM, bone-marrow; RT, radiotherapy; Chemo., chemotherapy; Etop, etoposide; OD, once-daily; BD, twice-daily; m, months; d, days; y, year; NS, not significant; PFS, progression-free survival; OS, overall survival; NR, not reported; LS-SCLC, limited-stage small cell lung cancer.

BD are logistical issues (44%), inconvenience for patients (28%), and the absence of a statistical survival difference between the two arms of the CONVERT trial (which is a misinterpretation given the superiority trial design) (20).

Of note, the effect of dose escalation on locoregional control has been suggested. A combined analysis of 200 patients who received a total dose of 70 Gy suggested a good dose tolerance and comparable efficacy compared to BD radiotherapy (21). A North American intergroup study (CALGB 30610, RTOG 0538, NCT00632853), comparing 45 Gy/30 fractions BD for 3 weeks to 70 Gy/35 fractions for 7 weeks is ongoing.

The investigation of hypofractionated radiotherapy is also a topic of interest. A recent phase II study comparing 45 to 60 Gy BD was reported at ASCO and ESMO 2020 in abstract form only. It showed an improvement in 2-year survival but it should be noted that this study is unpublished and included 170 patients (22). These results cannot therefore be considered practice changing and will require confirmation in a phase III study.

Type and timing of radiochemotherapy

The standard of care consists of four cycles of cisplatin plus etoposide in combination with thoracic radiotherapy, starting with the first or second cycle of chemotherapy (23,24). In case of bulky disease presentation, it may be desirable to achieve tumour response to initial chemotherapy allowing for a decrease in radiation toxicities. In such cases, starting radiotherapy with cycle 3 of chemotherapy is an option, although the data for such an approach is more limited (25,26).

Carboplatin can be used if cisplatin is contraindicated, but this has not been specifically compared to the standard of care of cisplatin in LS-SCLC (27). Additional (e.g., triplet with paclitaxel) (28) or different types of chemotherapy [e.g., irinotecan instead of etoposide, or CEV (cyclophosphamide, epirubicin, and vincristine) (29,30)] did not show improved outcomes when compared to the standard cisplatin etoposide doublet.

Concurrent, sequential and alternating approaches of chemotherapy and thoracic radiotherapy have all been assessed. No survival difference was observed in an EORTC trial comparing alternating or sequential CTRT (cyclophosphamide, doxorubicin, and etoposide) (31). In a more recent study comparing sequential or concurrent CTRT (4 cycles of cisplatin etoposide and 45 Gy BD) on 213 patients with LS-SCLC, a survival improvement was observed in the concurrent arm, although the differences did not reach statistical significance (14).

In the concurrent setting, it is also suggested that early integration of chemotherapy during thoracic radiotherapy (as compared to delayed thoracic radiotherapy) is associated with improved outcomes. Several randomized trials compared early and late thoracic radiotherapy. Different types of chemotherapy were used, sometimes leading to conflicting results (32). However, in most of the studies that employed the standard platinum-based doublet chemotherapy, early thoracic radiotherapy produced better local control and survival rates than delayed administration (11,33).

Volumes of irradiation

The standard of care is to use a limited thoracic field of irradiation. Treatment volumes should include the postchemotherapy tumour volume and pre-chemotherapy involved nodal regions (involved-field radiotherapy). Modern imaging, including PET/CT and thoracic CT, performed just prior to the first cycle of chemotherapy is therefore crucial to define the target volume. Pathologically confirmed lymph nodes on endoscopic ultrasound with or without fine needle aspiration techniques/mediastinoscopy, if available, should also be included. Smaller fields have led to decreased toxicity without compromising locoregional control rates (34,35). The radiotherapy volume was investigated in an important study by the Southwest Oncology Group (SWOG), which randomized patients after induction chemotherapy to receive irradiation of the post-chemotherapy residue or irradiation of the prechemotherapy volume. There was no difference between the two arms except for an increase in severe toxicity (myelosuppression) for patients irradiated with larger volumes. In addition, local recurrences mainly occurred within the field of radiation and not at the edge of the radiation field for patients with reduced volumes (36). Another prospective randomized trial involving 309 LS SLC patients compared the target volume before and after induction chemotherapy. BD involved-field radiotherapy was applied in both arms and 20% of patients had a baseline PET/CT. Survival outcomes did not differ between arms, but pre-chemotherapy tumour volume was associated with more G3 esophagitis (15.5% vs. 5.9%; P=0.01) (7,37). Using pre-chemotherapy volume procedure, only 3 out of 27 patients included in a phase II trial developed an isolated nodal failure (11%) and all of these were in the ipsilateral supraclavicular region (38). The importance of pre-chemotherapy 18-FDG PET/CT was subsequently

highlighted in a prospective study on 60 patients receiving BD involved-field CTRT based on pre-treatment PET/CT. Only 2 isolated nodal failures out of the 60 participants (3%) were reported (39).

Postoperative thoracic radiotherapy

In very limited stage I (T1 to 2, N0) LS-SCLC, local treatment with surgery, or stereotactic body radiotherapy (see future directions section) are treatment options if patients are inoperable due to comorbidities. Surgery includes resection of the primary tumour with lobectomy and mediastinal lymph node sampling or dissection. This should then be followed by adjuvant chemotherapy with four cycles of cisplatin-etoposide. There are no clinical trials comparing CTRT vs. surgery.

Postoperative CTRT can be considered in patients who have positive margins or mediastinal lymph node involvement after surgical resection (40-42). However, the data in the LS setting is limited and such recommendations are mostly based on the NSCLC literature. Rare cases of "incidentally resected" (solitary pulmonary nodule) SCLC patients without lymph node sampling may be observed. Given that such patients may be under-staged, and in the absence of adequate lymph node exploration as defined by the IASCLC (43), adjuvant thoracic CTRT can be considered. With regards to treatment volumes in the postoperative setting for SCLC, data is again limited and therefore extrapolation from the NSCLC literature can be considered.

Surgical vs. non-surgical treatment

Retrospective results from the large US National Cancer Database suggest that surgery may be superior to a nonsurgical approach with CTRT (44-46). Such data should be interpreted with caution given the limitations of this type of retrospective study [selection bias, no progression-free survival (PFS) data]. In the CONVERT trial, LS-SCLC patients with stage I to II (95.3% stage II) had a median OS of 50 months, which is comparable to surgical series (46).

The NCCN guidelines 2020 (6) state that "patients most likely to benefit from surgery are those with SCLC that is clinical stage I-IIA". In addition, there are no contemporary randomized trials that have compared a surgical to a non-surgical approach, making the decision process for very early stage SCLC (stage I–II) patients challenging.

Extensive (M1) stage

Chemotherapy combined with immunotherapy has become the new systemic standard of care treatment following the results of two randomized phase III trials investigating anti-PD-L1 (atezolizumab or durvalumab) in addition to chemotherapy in ES-SCLC. The role of PCI and thoracic radiotherapy is this setting is controversial (8,9) and beyond the scope of this article.

What role for thoracic radiotherapy?

In patients with good PS, thoracic radiotherapy may be recommended if, after standard chemotherapy, disease has not progressed but residual thoracic disease is observed. Thoracic radiotherapy following induction chemotherapy was assessed in a randomized phase III trial (10) and in two smaller randomized phase II trials (33,47). In the large CREST EORTC phase III study (n=498), ES-SCLC patients in good general condition with any tumour response after four to six cycles of standard chemotherapy (platinum etoposide) were randomized between PCI with or without thoracic irradiation (30 Gy in ten fractions). No difference in one-year OS was observed (primary endpoint; 33% vs. 28%, P=0.066); but the 2-year OS (pre-planned analysis) was significantly improved in the thoracic radiotherapy group (13% vs. 3%; P=0.0004) (10). A subsequent analysis of the CREST trial highlighted firstly that the delayed 2-year survival benefit is concordant with the meta-analysis of thoracic radiotherapy for limitedstage SCLC where an increased survival benefit was observed after one year (3); and secondly, that the benefits of thoracic radiotherapy were seen in patients with residual intrathoracic disease but not in those without residual intrathoracic disease. In patients with residual intrathoracic disease, OS was improved in the radiotherapy arm [hazard ratio (HR) 0.81, 95% CI, 0.66-1.00)], with survival rates at one and two year(s) of 33% (vs. 26%) and 12% (vs. 3%), respectively (48).

A smaller (n=86) randomized phase II trial compared PCI +/- consolidative radiation therapy (45 Gy in 15 fractions) to intrathoracic disease and extracranial metastases for ES-SCLC. The study closed early as an interim analysis showed that the futility boundary was crossed for OS. At a median follow-up of 9 months, the one-year OS did not differ between groups but consolidation thoracic radiotherapy resulted in a longer time to progression (47). In an older phase II trial, 210

patients without progression after three cycles of cisplatinetoposide chemotherapy were randomized between BD CTRT [54 Gy/36 fractions over 18 days with carboplatinetoposide followed by two cycles of cisplatinetoposide (n=55)] or an additional four cycles of cisplatinetoposide (n=54). Better survival rates were observed in the BD CTRT group: median OS 17 vs. 11 months and 5-year survival rate, 9.1% vs. 3.7%, respectively (49). Higher (>30 Gy/10 fractions) doses of irradiation (OD or BD) have been tested in this setting, although no strong data support this strategy (47,50).

Generally, radiotherapy (30 Gy/10 fractions based on CREST trial) after induction chemotherapy may be offered in fit patients with limited extrathoracic tumour burden and initial bulky disease with either a complete extrathoracic response or partial thoracic response (51). It should also be noted that recent trials evaluating front-line chemotherapy and immunotherapy in the stage IV setting did not involve thoracic radiation (8,9). The role of thoracic radiotherapy in the era of immunotherapy in this setting is therefore not well defined.

Palliative thoracic radiotherapy

Palliative thoracic radiotherapy plays a role in symptom management in patients with SCLC. Generally, chemotherapy/immunotherapy is offered as frontline treatment as most patients experience a rapid response to systemic therapy. However, in the case of symptoms related to residual thoracic disease (such as cough, dyspnoea, haemoptysis) or pain related to direct involvement of the chest wall or vertebral bodies, palliative radiotherapy may be used. Palliative radiotherapy may also be used in case of superior vena cava obstruction (in conjunction with systemic therapy), as it can achieve complete relief of symptoms within two weeks in most SCLC patients (52).

Future directions

Recently, efforts have been made to integrate tumour biology, newer technologies and novel drugs in the management of SCLC patients. The main strategies are summarised below.

Technical improvements in thoracic radiation oncology

Recent technical developments have enabled the delivery of more precise thoracic irradiation, resulting in reduction

of dose delivered to organs at risk (OARs). IMRT is a technique that adds fluence modulation to beam shaping, which improves radiotherapy dose conformity around the tumour and spares surrounding normal structures (53,54). Secondary analysis from a phase III trial assessing dose-escalation radiotherapy in locally advanced NSCLC showed that patients treated with IMRT had significantly less G3-5 pneumonitis and lower heart doses (15). Limited data on IMRT is available in the SCLC setting. A study from the MD Anderson Cancer Center compared the outcome of 119 SCLC patients receiving 3DCRT and 104 receiving IMRT. OS and disease-free survival were comparable in both groups in multivariable and propensity score-matched analyses. However, IMRT patients required significantly fewer percutaneous feeding tube insertions (5% vs. 17%) (55).

New imaging methods, mainly on-board cone beam CT scan, incorporated into the linear accelerator, allows more accurate set-up and therefore improves the accuracy of the radiation beams ("image-guided" radiotherapy). MRI-guided linear accelerators are also becoming available. Such techniques could permit improved target visualization "beam-on" and facilitates the investigation of daily online plan adaptation and personalised dose intensification without exposing patients to ionising radiation (56).

Proton beam therapy is an advanced radiation treatment characterised by its Bragg peak, whereby a high dose is delivered to the target, followed by an immediate drop in energy resulting in minimal to no exit dose compared to standard photon radiotherapy. Given this unique physical property, proton therapy may increase the therapeutic ratio and allow more critical structures to be spared. Proton-beam therapy was evaluated in a prospective study including 30 LS-SCLC patients receiving (OD or BD) CTRT. As compared to IMRT plans, protons allowed reductions in several organs' mean doses (spinal cord, heart, and lung) but not in the oesophageal mean dose or the lung volume receiving at least 20 Gy (V20). Grade 4 esophagitis (n=1), grade 3 pneumonitis (n=1), anorexia (n=1), and pericardial effusion (n=1) were observed (57). A phase II randomized trial compared passive scattering proton therapy versus IMRT, both with concurrent chemotherapy, in 147 inoperable NSCLC patients. Protons exposed less heart tissue at all dose levels. Grade ≥3 radiation pneumonitis and local failure (co-primary endpoints) were similar in both arms (58). Since this publication, newer protons planning techniques have become available (e.g., proton intensity modulation and pencil beam scanning) and have the potential to improve the therapeutic ratio of protons vs. photons (59). Several studies comparing protons to conventional photon techniques are ongoing for stage III NSCLC (NCT01993810, NCT02731001), but no trials are ongoing in SCLC.

SBRT in stage I SCLC

Stereotactic radiotherapy allows the administration of socalled "ablative" doses to early-stage lung lesions with very steep dose fall-off. SBRT technique has become the standard treatment for peripheral medically non-operable patients with early stage NSCLC. Retrospective studies have shown high local control rate (85-95%), and a low toxicity profile (60,61). Guidelines on the treatment of early stage NSCLC with SBRT have been published and should be applied in patients with SCLC treated with SBRT (62). Stage I (T1 to 2, N0) SCLC presentation is uncommon but in medically inoperable cases or in patients refusing surgery, thoracic SBRT may play a role. As described earlier, in the absence of mediastinal node sampling, chemotherapy should also be offered in this setting. There is currently no prospective data on such a strategy. Retrospective data from a large national database suggests that stage I SCLC treated with SBRT regimens incorporating chemotherapy had comparable outcomes to those treated with CTRT (63,64). A multicentre analysis of 2107 stage I SCLC compared outcomes of patients who received SBRT/chemotherapy (7%) and OD CTRT (93%). SBRT was delivered at a dose (interquartile range) of 48-54 Gy in 3-5 fractions. OS did not differ by radiotherapy technique in multivariable and propensity score-matched analyses (64). Such data should however be interpreted with extreme caution given their inherent limitations, which include their retrospective nature, selection bias, and a lack of PFS data.

Immune-checkpoint inhibitors (ICI)

Following the success of the PACIFIC study in stage 3 NSCLC, several trials are ongoing to assess the role of ICI in SCLC both in the consolidation setting and the concurrent setting (*Table 2*). In LS-SCLC, the STIMULI, ADRIATIC, and ACHILES trials are assessing consolidation immunotherapy after thoracic CTRT and PCI. The ADRIATIC study (NCT03703297) is a randomized phase II trial comparing durvalumab (anti PD-L1 until disease progression) +/- tremelimumab (anti-CTLA4, for 4 cycles) or placebo as consolidation therapy

Table 2 Ongoing trials evaluating immunotherapy in SCLC patients receiving thoracic radiotherapy

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ICI timing with TRT	Drug	TRT (Gy)	Phase	Main result	Name, NCT number
Limited-stage (M0)					
Consolidation	Durvalumab ± tremelimumab	OD/BD	3	Ongoing	ADRIATIC NCT03703297 (65)
Consolidation	Nivolumab + ipilimumab	OD/BD	2	Ongoing	STIMULI NCT02046733
Consolidation	Atezolizumab	BD	2	Ongoing	ACHILES NCT03540420
Concurrent + consolidation	Atezolizumab	OD/BD	2/3	Ongoing	NRG-LU005 NCT03811002
Concurrent + consolidation	Durvalumab	52.2 (2.1 Gy/Fx)	2	Ongoing	NCT03585998
Extensive-stage (M1)					
Concurrent + consolidation	Pembrolizumab	45	1	No DLT	NCT02402920 (66)
Consolidation	Nivolumab + ipilimumab	30	1/2	Early discontinuation due to low PFS	NCT03043599 (67)
Concurrent + consolidation	Durvalumab ± tremelimumab or olaparib	30	1	Ongoing	NCT03923270

OD: 60 to 66 Gy within 6 weeks (standard once-daily schedule); BD: 45 Gy within 3 weeks (standard twice-daily schedule). DLT, dose limiting-toxicity; PFS, progression-free survival; ICI, immune checkpoint inhibitors; TRT, thoracic radiation therapy; fx, fraction.

for patients with LS-SCLC without disease progression after CTRT (65). The STIMULI randomized phase II trial (NCT02046733) compares consolidation nivolumab (anti PD-1, for one year) + ipilimumab (anti-CTLA4, for 4 cycles) vs. no further treatment (closed to accrual in 2019). Another randomized phase II study is comparing atezolizumab with no further treatment after CTRT in LS-SCLC (ACHILES, NCT03540420). A further study [NRG Oncology/Alliance LU005 phase II/III trial (NCT03811002)] is investigating atezolizumab delivered concurrently with CTRT and in the consolidation setting in LS-SCLC patients. A non-randomized phase II study is evaluating concurrent CTRT + durvalumab, and followed by consolidation durvalumab (NCT03585998).

In ES-SCLC, a phase I trial (NCT02402920) assessed pembrolizumab concurrently with thoracic irradiation (45 Gy in 15 daily fractions) after induction chemotherapy. Pembrolizumab is continued for up to 16 cycles after radiotherapy. No dose-limiting toxicity was observed at the three-dose level of pembrolizumab (100 to 200) and 2 (6%) patients experienced grade 3 events that were unlikely/doubtfully related to protocol therapy. Median PFS and OS were 6.1 and 8.4 months but should be interpreted with caution given the limited sample size (66). Another single arm phase I/II trial studied nivolumab (for one year) + ipilimumab (for 4 cycles) two weeks after consolidative thoracic radiotherapy (30 Gy/10 fractions).

This study recruited 21 of the 52 planned patients, and was discontinued early due to a planned interim analysis showing that PFS was low compared to historic estimates (6-month PFS of 24% and median PFS of 4.5 months). The toxicity profile was consistent with the known adverse events attributable to the ICI combination (NCT03043599) (67). A phase I trial is testing durvalumab +/- tremelimumab or olaparib (4 cycles), delivered concurrently with thoracic radiotherapy (30 Gy/10 fractions) after platinum-based chemotherapy in ES-SCLC patients (NCT03923270). Durvalumab is continued for up to 13 cycles after completion of radiotherapy.

Conclusions

Thoracic radiotherapy plays an important role in the management of SCLC. CTRT with twice-daily radiotherapy (*Table 1*) is the cornerstone of LS-SCLC management and thoracic radiotherapy should be considered in ES-SCLC with residual thoracic disease after chemotherapy. Advanced thoracic radiotherapy techniques and technologies are available with the integration of PET/CT and 4DCT for planning, the use of IMRT and omission of elective nodal irradiation and the availability of cone beam CT for treatment verification. Immunoradiotherapy has become standard of care in the ES setting and many ongoing trials are evaluating the integration of ICI with

CTRT in the LS setting (Table 2).

New biological surrogate markers are still needed to better select patients who could benefit from these promising but expensive treatments. Circulating tumour cells (CTC) are known to be prognostic biomarkers in SCLC patients and may correlate with tumour response during treatment (68,69). The challenge now is to design trials to demonstrate the clinical benefit of a biomarker-driven strategy in the SCLC.

Commonly occurring mutations in SCLC (TP53, RB1, multiple epigenetic regulators, and Notch family members) are all loss-of-function, which limits the possibility of targeting oncogenic mutations (70). Four recently discovered key transcriptional regulators may offer therapeutic opportunities: ASCL1, NEUROD1, POU2F3, and YAP1 (71). Several other candidate immune biomarkers could be tested for patient selection in the era of personalized (immuno)radiotherapy (72). Such efforts to integrate tumour biology, newer technologies and novel drugs will hopefully lead to the improvement of the therapeutic index of radiotherapy (73) in SCLC patients.

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